SWIM LESSONS OUTDOOR POOLS

SESSION DATES: 2007

JUNE 12-22 JULY 10-20 JULY 24-AUG. 3

POOLS AVAILABLE:

Dellview500 Basswood349-0570Garza5800 Hemphill434-8122Joe Ward435 E.Sunshine732-7350Kennedy3299 SW 38ST436-7009LBJ10700 Nacogdoches599-0122Lincoln2803 E.Commerce224-7590New Terr.9023Bowen Dr681-2929San Pedro2200 N. Flores732-5992Springtime6571SpringtimeS.S.Lions3100Hiawatha532-2027Westwood7601W.Military673-3382Woodlawn110 Cincinnati732-5789

HOW TO REGISTER?

- Register @ Kid Quest registration day May 12, 2007 from 10:00am-2:00pm.
- Register @ The Natatorium May 14– June 1, 2007
- Register at the pool of your choice after June 2, 2007.



Choosing the right swim class:

For safety and quality, it is very important that you register your child according to age and ability.

MORNING CLASSES

Class Descriptions

Ages 4-7 1

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10:30am-11:00am
Level 1– No prerequisites. Recommended for children who have little to no experience in the water or in a teacher/child relationship.

Level 2— At the end of this course they should be comfortable in the water, be able to float on their front and back, know the basic water safety rules and be introduced to arm strokes.

Ages 8-12 11:30am-12:00noon



Level 1—This is the starter class for older children to learn elementary skills. At the end of this course they should be able to float on their front and back,

know basic water safety rules and be introduced to arm strokes.

Level 2—By the end of this class children should be able to float on their front and back by themselves, flutter kick and do arm strokes with breathing on their front and back for 10 yards.

Ages 7-12

12:30pm-1:00pm



Level 3– Should be able to retrieve objects from bottom of pool and be able to swim 25 yards of front and back crawl. Children are also introduced to treading water.

Level 4– Children continue to develop their front and back crawl skills, learn alternative kicks for treading water and swim 50 yards in backstroke and front crawl.

AVAILABLE AT ALL 12 POOLS

EVENING CLASSES

Class Descriptions

Ages 4-7

7:00PM-7:30PM



Level 1– No prerequisites. Recommended for children who have little to no experience in the water or in a teacher/child relationship.

Level II— At the end of this course they should be comfortable in the water, be able to float on their front and back, know the basic water safety rules and be introduced to arm strokes.

Ages 8-12

7:45PM-8:15PM

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Level 1—This is the starter class for older children to learn elementary skills. At the end of this course they should be able to float on their front and back,

know basic water safety rules and be introduced to arm strokes.

Level 2—By the end of this class children should be able to float on their front and back by themselves, flutter kick and do arm strokes with breathing on their front and back for 10 yards.

AVAILABLE ONLY @ Dellview, LBJ, New Territories,, Springtime.

Cost for all swim lessons \$25.00 PER SESSION

For more information **226-8541/207-3113**

www.sanantonio.gov/parksandrec